



# Child Health

Phone: 1-800-383-3826

<http://idph.iowa.gov/family-health>

Protecting & Improving  
the Health of Iowans



Successful promotion of children's health is rooted in a partnership of families, communities, health care providers, and public health providers. Iowa's Child and Adolescent Health programs promote the development of local systems of health care to ensure that all Iowa children and youth have regular, preventive health care. Child and Adolescent Health programs strive to make family-centered, community-based, and culturally-sensitive health services available to all Iowa children and youth.

## Did you know?

Research shows that for every \$1 invested in early health care and education of a young child, Iowa will see an economic return of \$17 per child.

### Why are Child and Adolescent Health programs important to protecting and improving the health of Iowans?

- Child and Adolescent Health programs provide access to regular preventive health services that affect a child's physical and mental health, success in school, and health in later years.
- Child and Adolescent Health programs advocate for medical homes that provide a consistent source of comprehensive primary care and facilitate partnerships between families and providers.
- Child and Adolescent Health programs reach out to underserved and disparate populations, who are least likely to access preventive health services. Programs serve low-income children and youth.
- Child and Adolescent Health programs address barriers to accessing preventive health services including health care coverage, transportation, and interpretation.
- Child and Adolescent Health programs link families to community-based services based upon family needs.

### Which Iowa Public Health Goals are we working to achieve?

Promote healthy living

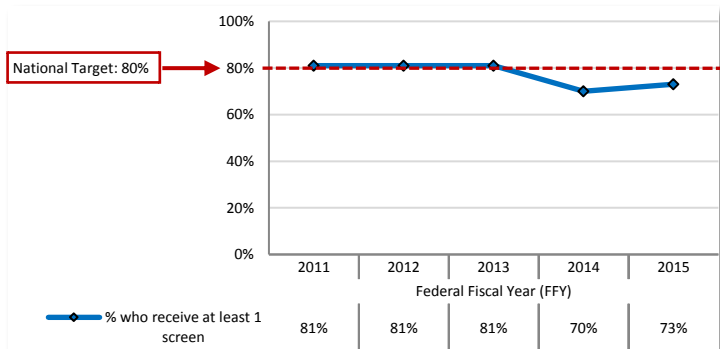
Strengthen the health infrastructure

### What do we do?

- Provide funding for 23 Child and Adolescent Health programs that assure child and adolescent health services are available in all 99 counties for children and youth ages birth to 22. In FFY 2016, 166,041 Iowa children accessed health care services through Iowa's community-based Child and Adolescent Health centers.
- Encourage community-based Child and Adolescent Health agencies to work closely with medical providers to ensure family-centered, community-based, and culturally-sensitive preventive health services are offered.
- Provide access to community-based health resources through the toll free Healthy Families Line, a 24-hour information and referral phone line.
- Assist with developing local health care systems that meet present and future health needs.
- Support community-based child and adolescent health agencies that link clients to medical and dental providers and other needed services.

## How do we measure our progress?

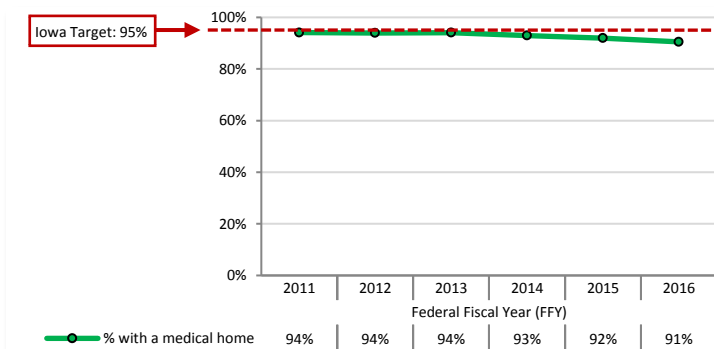
### ① Percent of Medicaid enrolled children who receive at least one recommended well child exam.



Data Source: Federal CMS 416 report. Data are available annually. Beginning with federal fiscal year (FFY) 2010 data, the report is based upon the number of children continuously enrolled in Medicaid for a minimum of 90 days who receive at least one well child exam during the year.

**How are we doing?** The percent of Medicaid enrolled children receiving at least one well child exam per year remained stable at 81% from FFY 2010 - FFY 2013. In 2014, Iowa made adjustments in how the data was pulled, which led to a decrease to 70% in FFY 2014, with a 3% increase noted in FFY 2015. The target for all states set by the national Centers for Medicare and Medicaid Services (CMS) is 80%.

### ② Percent of children served in Child and Adolescent Health programs who report a medical home.



Data Source: Child & Adolescent Reporting System (CAREs). Annual unduplicated counts are based upon the federal fiscal year (FFY) October-September. Beginning with FFY 2011, this data is based upon the number of children that received services where their medical home status could be assessed.

**How are we doing?** The percent of children and adolescents served reporting a medical home is 90.52% for FFY 2016.

## What can Iowans do to help?

1. Learn more about community-based child and adolescent health services by going to <http://idph.iowa.gov/family-health>, <http://idph.iowa.gov/adolescent-health>, and <http://idph.iowa.gov/epsdt>.
2. Learn more about the healthy development of children. Go to [www.iowaepsdt.org](http://www.iowaepsdt.org).
3. Refer uninsured or underinsured families to Child and Adolescent Health centers by contacting the Healthy Families toll free line at 1-800-369-2229.

## Expenditures

General fund, RIFF funds, federal funds, & intra state receipts\* (Dept. of Human Services); State funds are used for a 75% match for the Title V Block Grant: K05-0505/0552/0554; K09-0987/1025; 0153-0506/0622/0454; K20

	State Fiscal Year 2015 Actual	State Fiscal Year 2016 Actual	State Fiscal Year 2017 Estimate
State funds	\$812,968	\$806,991	\$860,755
Federal funds	\$2,036,999	\$1,939,379	\$1,962,634
Other funds*	\$4,121,310	\$7,024,420	\$7,251,799
<b>Total funds</b>	<b>\$6,971,277</b>	<b>\$7,070,790</b>	<b>\$7,375,188</b>
FTEs	9.86	9.34	13.06

**Note:** Funding information is intended to provide an overview of funding related to the program area. It does not include all federal and state requirements and/or restrictions for the use of funds. Contact the program area for more detailed budget information.